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POLICY NEVER OVERRIDES CONSTITUTION

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GREAT AMERICAN SMOKEOUT

The American Cancer Society encourages smokers to quit smoking or to commit to quitting during the Great American Smokeout Nov. 20. Read more.

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Student Shuai Wang said he uses a protein shake to recover more quickly from workouts. Turn inside to see more about supplements.

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TIPS TO BETTER WRITING GIVEN BY EXPERTS

Communication Lab Supervisor Lynette Leidner says there are ways students can write better and get better grades. Read more about what she had to say.

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OKLAHOMA CITY COMMUNITY COLLEGE PIONEER

NOV. 14, 2014

PIONEER.OCCC.EDU

COVERING OCCC SINCE 1978

Jazzing it up



ETHAN COOPER/PIONEER

MSgt. Marva J. Lewis sings at the Jazz Ambassadors Concert Oct. 30 in the VPAC Theater. Cultural Programs Volunteer Specialist Chuck Riley said the event sold out with more than 1,000 in attendance. "It broke our attendance record for Performing Arts Series Events this year" Riley said. The Jazz Ambassadors is the official touring big band of the U.S. Army. See story and photo on page 12.

Officials disagree with guns on campus

Vice President Jerry Steward speaks about proposed legislation

BRYCE MCELHANEY
 Editor
 editor@occc.edu

Proposals in the state Legislature to allow guns on college campuses prompted Executive Vice President Jerry Steward to address professors at a recent Faculty Association meeting Oct. 28.

"For six years in a row we have been able to defeat bills that would allow people to carry loaded weapons on campus, with the exception of our police

officers," Steward said.

"This year, there's going to be a concerted effort to pass a bill that will allow people not only to have concealed weapons, but to have open carry on our campus."

Steward said those who oppose the bill are going to have to maximize their efforts if they're going to have any success at all.

"It's becoming increasingly difficult for us to make our case in the state Legislature ...," he said.

President Paul Sechrist said he does not support a change in the law, which allows OCCC to prohibit weapons on campus.

Nevertheless, Sechrist said, if the bill were to pass, OCCC would have to comply.

"We would probably look at

See **GUNS** page 9

Help available as end of semester nears

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Tests, exams and term papers may be panicking some students as the 14th week

of the semester nears — especially those who may have fallen behind.

Learning Support Specialist Mary Turner said it's not too late for students who have fallen behind to get organized.

"Time management is going to be the major thing that I would

See **HELP** page 9

OPINION

EDITORIAL | Citizens need to be familiar with their rights to avoid violations

Constitution trumps college policy

On Friday, Oct. 24, a film production student was stopped at the OCCC Halloween carnival and asked by the Student Life director to delete footage he had taken for a class project. He complied after being told a college policy exists that prohibits filming children without the consent of their parents.

What he didn't know is video and photography are protected freedoms. In a public setting, a person has the right to document anything or anyone there — including children.



JORGE KZRYZANIAK

According to aclu.org, "Taking photographs of things that are plainly visible from public spaces is a constitutional right ..."

After perusing the college's policies at www.occc.edu/policy, I found no policy about photographing children in a public place. Even if there were such a policy, it couldn't be enforced as policy would never supersede the Constitution.

This incident is an opportunity to better understand our rights. We must exercise them often and stand firm on the principles of upholding them. It's an incredible responsibility in many ways but it's also an absolute necessity.

I stand against censorship on all fronts and have a strong distrust for any parties who engage in it.

There is no place for censorship on a college campus no matter how incendiary the material. Freedom of expression is a basic human right. A college employee has no authority to detain a person and certainly does not have the right to seize or destroy anyone's property.

If someone breaks a law, then it is up to the police to take that person into custody.

And in some cases, if someone violates a school policy, they can be asked to leave, or possibly be escorted off campus — and there may be some punitive action taken academically.

However, no one has the right to destroy your property, especially when that property is protected by the Constitution.

Taking photographs and video is your right under the First Amendment. Photography and video — even when it is not intended to — serves as an important monitor of authorities who may overstep their bounds.

According to the American Civil Liberties Union, without a warrant, not even police officers may confiscate or demand to view your digital photographs or videos.

Felony charges of obstruction, theft and evidence tampering have been levied at police who have taken or deleted photographs and videos.



Trained Thinking 075 © Nathan Scroggins 2014

The rights of all people are eroded when someone in a perceived position of authority is allowed to violate a person's rights, even on accident, without recourse.

If indeed a school policy does exist in this case, I don't understand its purpose. I worry that under a guise of concern for safety, this policy's true intent may be to shield officials here from having their events too closely documented or scrutinized. Censorship only makes people more suspicious of things that could, in actuality, be completely innocuous.

When the rights of anyone are restricted like this, everyone's rights are compromised.

It is in exercising these rights that we preserve them and, as a matter of principle, we should not waive these rights. When we do, everyone loses.

—**JORGE KZRYZANIAK**
SPORTS WRITER

LETTER TO THE EDITOR | Spokesperson says many qualify for free immunizations

Health department recommends flu shot for everyone

To the Editor:

Public health influenza vaccination clinics are available at county health departments throughout the state. The Oklahoma State Department of Health says everyone is at risk for influenza. The flu vaccination is recommended for anyone 6 months of age and older.

Vaccination is especially important for people at high risk for serious illness from flu including: pregnant women, children younger than 5 years of age and people with asthma, diabetes, chronic heart and lung disease, and other chronic conditions. Parents and family members of babies younger than 6 months of age and people who live with or care for anyone at high risk for complications from the flu, including health care workers, should also get the vaccine.

County health departments have the following types of flu vaccine available:

- The traditional flu shot which protects against four strains of flu.
- The nasal spray flu vaccine, which protects against four strains of flu, is for healthy people who are not pregnant and are ages 2 to 49.
- The high-dose flu shot for persons age 65 years and older and protects against three strains of flu.

Health departments accept SoonerCare, Medicare, all private health insurance, cash, checks or credit cards as payment. There is no charge for families whose income is less than 185 percent of the federal poverty level. However, if they have health insurance, they should bring the insurance card. The insurance

company will be billed for the vaccine.

There is no charge for adults 65 and up. They should bring their Medicare card or other health insurance card. There also is no charge for children 18 years of age and younger who have no health insurance, whose health insurance does not cover flu vaccine, who are eligible for SoonerCare, or who are Native American or Alaskan natives.

All others will be charged a fee of \$25 to cover the cost of the flu vaccine and the cost of administering the vaccine.

For more information, call your local county health department or visit the Oklahoma State Department of Health website at www.health.ok.gov.

—**OKLAHOMA STATE HEALTH DEPARTMENT**

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The **PIONEER** welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The **PIONEER** will withhold the author's

name if the request is made in writing.

The **PIONEER** has the right to edit all letters and submissions for length, libel and obscenity. Letters should be no more than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the **PIONEER** office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The **PIONEER ONLINE** also can be accessed at <http://pioneer.occc.edu>.

COMMENTS AND REVIEWS

COFFEE REVIEW | Gevalia coffee not the same without caffeine

What a difference decaf makes

In another late-night adventure to the grocery store, I made one of the biggest mistakes of my life.

It was a Thursday night. It was cold and silent in the desolate market across the street from my apartment. I came for one thing, as I usually do, and it was coffee. Not just any coffee, I came for the holiest of coffees.

Gevalia coffee is the greatest Swedish delicacy I've come across. Its bright yellow bag stands out on the shelf among all of the other boring coffees, just waiting anxiously to be grabbed and brought to a warm home. I grabbed the first bag I saw without thinking twice, which is where my nightmare began.

I got home and started boiling some water and let my french press do its magic on the Gevalia coffee grounds — not aware of the consequences.

I slowly and dramatically poured it into my favorite mug as my mouth salivated and I shed a tear of joy. I took one sip. It was the sip that changed everything.



It was the same Gevalia taste I was craving, but something was missing.

I am honest when I say it was the strangest moment of my life. I looked at the bag to see if anything was different, then dropped the bag in shock as I read the word “decaf” on the front.

The coffee had the same expensive taste without the caffeine kick I truly craved. How in the world was I supposed to stay awake really late to procrastinate on my homework and play Mario Kart without caffeine? In alliterate terms, I did the deed, but the deed didn't deliver.

I wish there were more words to describe how I felt at that very moment, but these come to mind: empty, hollow, disappointed, unsatisfied, betrayed and distraught. This may have been the lowest point in my life. This was rock bottom.

The devil has a name, and that name is “decaf.”

Rating: F

—BRYCE MCELHANEY
EDITOR

MUSIC REVIEW | New album ‘mark of pure genius’

Swift easily transitions to pop with ‘1989’

When Taylor Swift released her new album “1989” on Oct. 28, I rushed to the nearest Target to get my deluxe copy with three bonus songs, three voice memos, and 13 polaroid pictures. So, I guess you could say I'm a “Swiftie.”

This album was definitely a risk for Swift, because she officially became a pop artist, steering away from country.

Of course, we all saw the transition coming with the borderline pop songs on her “Red” album released in October 2012.

The “1989” album starts out with a bright synth melody, and strong bass and claps making up the percussive melody. This introduces “Welcome to New York,” a song about living in New York.

“Blank Space” is the next song and happens to be one of my favorites on the album. The lyrics make the song, but the beat and production make it an unforgettable song about the risk of relationships.

The incorporation of “oos,” dra-



matic pauses and ad libbing above the track adds depth and emotion to the already strong vocals.

Swift transitions into the other 11 songs, each owning a new sound and further establishing that she has what it takes to own the pop industry with this record-shattering album.

Swift still sings about boys, relationships, moving on and heartbreak, but she also sings about not caring what people think, and being yourself — things she has done unwaveringly.

The majority of the songs on the album are upbeat and almost beg you to dance while listening.

“Wildest Dreams” seems to be the darkest sounding song on the record, opening up into a ballad type chorus with heavy synths and heartbeat in the background.

Although the music behind Swift's vocals has changed, she's still the same real, raw artist who writes her own songs and is intimately involved in the production.

“1989” is the mark of pure genius. From the powerful, relatable lyrics, to the insanely beautiful composition of each song, Swift has truly taken her music to a new level.

She is the female entertainer of this generation and “1989” confirms she will continue to shake it off and leave her mark on the music industry.

Rating: A+

—LAUREN DANIEL
SENIOR WRITER



App makes even bad weather funny

Most people agree — Oklahoma's weather is miserable. Or at least more miserable than most other states.

I once heard a man describe Oklahoma's extreme heat and freezing temperatures as bi-polar.

With brief periods of actual spring and fall seasons, I have to agree with his statement.

I recently searched for a weather app that reflected my bitter attitude toward Oklahoma's fickle, bleak weather.

And behold, I discovered the iPhone and Android app, “Effing Weather.”

“Effing Weather” is a weather app that provides more than local temperatures.

The app's main purpose is to greet you with phrases reflecting the current forecast.

If it's raining the app will deliver witty lines like, “I'm no weather man but I'm pretty sure it's raining,” or “Oh look, it's raining. Time to tell Twitter.”

My favorite quote so far has been, “Who cares what the effing weather is like today. You're working today.”

With 100-plus phrases to describe your local forecast, looking up weather conditions won't be as boring as it used to be.

You can purchase a variety of downloadable quotes anytime you want, too.

Enabling the Explicit Words setting changes the word “effing” to the more grown up vulgar version.

By default the phone app will color code the background to match the current temperature.

However, you can change the background anytime by choosing a picture from your photo gallery.

If you want to brag or complain about the weather to friends you can Tweet your followers, too.

Overall, this simple app makes looking at the weather forecast less mundane and more amusing.

—ETHAN COOPER
PHOTOGRAPHER

Have an app review idea for the Pioneer? Email Editor Bryce McElhane at editor@occc.edu or stop by the Pioneer office in 1F2 AH.

COMMENTS AND REVIEWS

BUSINESS REVIEW | Even those scared of heights will have a good time

Rocktown Climbing Gym ‘great experience’

If you're like me and you're dating someone who is active — meaning your significant other prefers bike rides to Netflix binges — there comes a time when you have to step outside your comfort zone, trade your reading glasses for running shoes and do what you can to make that person happy.

My boyfriend recently attended an engagement party with me where he was forced to sip complimentary cocktails, participate in small talk and recall useless facts about me in a rendition of “The Dating Game.”

In return, I agreed to face my fear of heights and go rock climbing for his birthday.

Rocktown Climbing Gym, located at 200 SE 4th Street in downtown Oklahoma City, is the premiere place for rock climbing enthusiasts around the metro.

While I was initially hesitant about ascending a wall with only an attached wire keeping me from falling to my death, I found Rocktown to be a fun and exciting experience overall.

If you're a first-timer at Rocktown, you must complete an introductory course before you can use the manual belays, so arrive early because the pre-pubescent



instructors will insist you wait for the next class session if you're even five minutes late.

Also, be sure to bring a friend unless you only plan on using the auto-belays as manual belays require two people.

Once you've completed the class and learned the proper safety precautions — and purchased the rental equipment for the day — Rocktown

functions as an adult playground.

There are several different climbing courses labeled with different difficulties throughout the gym. Personally, I stuck to beginner's routes with auto-belays, though the harder courses became easier the more I climbed.

I'll admit the first few climbs can be discouraging, but the triumph after reaching the top of a route is a feeling like no other.

Even for a person with a fear of heights and exercise, Rocktown was a great experience.

Rating: A

—SIALI SIAOSI
ONLINE EDITOR

MOVIE REVIEW | ‘Untold’ keeps viewers engaged with great graphics, plot twist

Dracula has never looked better

Trying to decide what movie to watch with my boyfriend can be a bit tricky. When you are into horror, romance and Disney, and your boyfriend is into Disney and Adventure, it's a toss up between “Book of Life” (which isn't a Disney movie, but is animated) and “Dracula Untold.” We had looked up reviews for both of the movies on Rotten Tomatoes and decided to go with the underdog.

“Dracula Untold” is a gripping movie — quite literally as I had times I held on to my seat.

I was completely surprised at the beauty and the awesome effects of the film. Director Gary Shore blew me away with a movie that actually had a storyline.

“Dracula Untold” is the story of how Dracula came to be Dracula.

Dracula, or Vlad, Prince of Transylvania in Romania, is told that the Sultan of Turkey needs 1,000 boys to fight in his army. Distaught, Vlad refuses



The graphics are great, the story is terrific and, if you're a fan of the Dracula movies, this is an awesome twist.

Rating: A+

to give up the sons in his kingdom. The Sultan is not pleased with this, and sends men to capture Vlad's son.

After fighting and getting his son back, Vlad decides he needs more power to be able to defeat the invasion of soldiers. Giving up his humanity to become a vampire, Vlad has three days to defeat the invasion and still remain human. That is unless he feeds, then he is trapped as a vampire forever.

I absolutely loved this movie and was very disappointed with the scores of both Rotten Tomatoes and Meta Critic being 24 percent for Rotten Tomatoes and a 40 for Meta Critic.

—CANDICE A. SCHAFER
COMMUNITY WRITER

TOP 20 MOVIES

Weekend of Nov. 7 through Nov. 9
www.newyorktimes.com

1. *Ouija*
2. *John Wick*
3. *Fury*
4. *Gone Girl*
5. *The Book of Life*
6. *St. Vincent*
7. *Alexander and the Terrible, Horrible, No Good, Very Bad Day*
8. *The Best of Me*
9. *Dracula Untold*
10. *The Judge*
11. *Annabelle*
12. *The Equalizer*
13. *The Maze Runner*
14. *Addicted*
15. *Birdman*
16. *Dear White People*
17. *The Boxtrolls*
18. *Guardians of the Galaxy*
19. *Teenage Mutant Ninja Turtles*
20. *Blast*

Gamel scholarship applications due Nov. 21

LAUREN DANIEL
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With the cost of college tuition on the rise, many students are looking for a way to pay for college—one that won't put them in debt.

Around two-thirds of full-time college students pay for college with scholarships or grants, according to debt.org.

The OCCCFoundation, created in 1998, provides many scholarship opportunities for those with financial need by offering scholarships like the Ralph and Connie Gamel Scholarship, said Jennifer Harrison, Institutional Advancement development director.

The Gamel Family have supported OCCC and students for many years and recently donated \$600,000 for scholarships, making it the largest individual donation in OCCC history.

Harrison said the scholarship will give at least 10 students \$1,000 each for the spring 2015 semester.

To be eligible, she said, students must:

- Attend OCCC in the spring 2015 semester.



Ralph Gamel

Office located in 1A4-AH and must be returned by 5 p.m. Friday, Nov. 21. Applications cannot be emailed. Students also must provide an official transcript, she said.

The scholarship started seven years ago when Ralph Gamel decided to create a scholarship to honor his late wife Jean Gamel, Harrison said.

"She did not get a chance to have an education and he wanted to make sure students here at OCCC could receive an education if they had financial need," she

• Have the need for financial assistance.

• Have a minimum GPA of 2.0.

• Be committed to completing their associate degree at OCCC.

• Complete an essay.

"It's a pretty simple application," Harrison said. "It's just general information about yourself and then a 500-word essay about how the scholarship will help you reach your professional and educational goals."

Harrison said applications can be picked up in the OCCC Foundation

said. "He set up a scholarship. He donated money every semester to give away around 10 scholarships a semester."

Harrison said the Ralph and Connie Gamel Scholarship selection committee will meet the first week of December. Students will be notified the week of Dec. 15, she said.

"I'll send an email out to those who received the scholarship and an email out to those who didn't."

The Ralph and Connie Gamel Scholarship is not the only scholarship OCCC will offer, Harrison said.

About 40 scholarships will go online Monday, Dec. 1.

The scholarships have various deadlines, but many will be due by Feb. 27, she said. Harrison said students should take advantage of every scholarship opportunity.

"It's free money," she said. "A student who needs help with school should take advantage of the Gamel Scholarship and apply. They should apply for any scholarship we offer here in the OCCC Foundation, because there's plenty of money to go around."

"We want to help all the students that we can. That's our number one priority — to raise money for scholarships for students."

For more information about the scholarship, contact the OCCC Foundation at 405-682-7591, or visit www.occc.edu/foundation. To see a list of scholarships, visit <https://occc.academicworks.com>.

Man arrested for outstanding warrant

LAUREN DANIEL
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An arrest, a theft and a couple of fender benders top the most recent police reports.

A man with an outstanding warrant was arrested by campus police at around 11:36 a.m. Oct. 30.

David Rester, 25, was arrested after campus police were called to the library to check on a man reported to be panhandling.

While running a check, it was discovered Rester had an outstanding warrant in Oklahoma County for a DWI.

Rester was placed under arrest and transported to the Oklahoma County Detention Facility.

Additional information available in a supplemental report was requested but not provided.

Joshua Wade, student servic-

es specialist, reported on Oct. 30 that his Samsung Galaxy phone charger had been stolen from his office.

According to the report, Wade said his charger had been plugged in next to his desk when he left at 5 p.m. Oct. 29.

Officer David Madden reviewed area surveillance footage, but was unable to identify a suspect. The case is still active.

A non-injury auto accident was reported at approximately 12:39 p.m. on Oct. 30, in parking lot C by OCCC students Grant Horoho, 19, and Reham Abdulrahman, 20.

Horoho told officers he was backing his 2004 GMC Sierra out of a parking space, and did not notice Abdulrahman had partially entered his lane of travel in her 2010 Nissan.

According to the report, Abdulrahman said she stopped and honked her horn, but Horoho kept backing up.

The rear bumper of the Sierra hit the front bumper/grill area of the Nissan. Both vehicles sustained minor damage.

A second non-injury accident was reported at approximately 1:27 p.m. on Nov. 3, in parking lot A by OCCC students Alan Ayers, 18, and Sheridan Self, 19.

According to the report, Ayers, driving a 2000 Ford Focus, said he was backing out of a parking space when the vehicles collided.

Self, driving a 2011 Hyundai Sonata, said she was driving through the parking lot when Ayers backed out of the parking spot and hit her vehicle.

Both parties refused medical attention and were released after exchanging information.

To contact campus police, call 405-682-1611, ext. 7747.

For an emergency, use one of the call boxes located inside and outside on campus or call 405-682-7872.

Course designed to help with reading skills

Are you overwhelmed by the amount of reading required in your college courses? Do you find yourself reading the same page of your textbook over and over because your mind has drifted elsewhere?

Students who fit this description can benefit from taking the course, Critical and Efficient Reading, ENGL 1133.

In this course, students learn techniques to keep their minds on task while reading. Learn strategies to read textbooks faster with better comprehension. Prepare for entrance exams such as the MCAT, LSAT or GRE. Build vocabulary by studying root words, prefixes, and analogies.

Constant practice in reading in Critical and Efficient Reading can benefit any student.

This course counts as a support course for sociology and psychology majors and as a general education elective for other majors.

Critical and Efficient Reading will be offered online in spring 2015. For more information, contact English Professor Linda Robinett at 405-682-1611, ext. 7386.

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Unhealthy relationships topic of meeting

JUAN MONTOYA
News Writing Student

Same-sex couples experience domestic abuse at about the same rate as heterosexual couples, said Jonathan Roberts, of Be The Change Inc.

Be The Change is a non-profit service organization based in Oklahoma City, according to its website.

Roberts spoke on the topic “Relationships 101: Healthy vs. Unhealthy Relationships” on campus Oct. 29, focusing specifically on same-sex couples.

“There are one in four to one in three same-sex relationships that have experienced some sort of domestic violence or abuse,” Roberts said.

People often believe that domestic violence is only categorized as physical abuse,

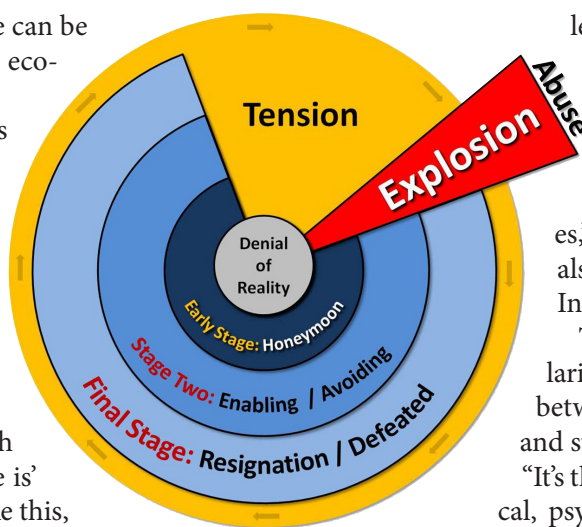
when in fact the abuse can be emotional, mental or economic, Roberts said.

Most Americans growing up are taught that domestic violence only refers to physical abuse by a significant other. That is why most cases go unreported, Roberts said.

“Some people say ‘Oh its just the way he/she is’ or ‘he/she is always like this, they’ve done this before,’” Roberts said.

Being a gay man, Roberts said, he fears the same-sex community is categorized as “people just beating up on each other.”

He disavows this label of being an abusive community in society.



Even though there are abusive relationships among same-sex couples, just as with heterosexuals, there are still plenty of good and healthy relationships in the gay and lesbian community.

Getting help can be a prob-

lem for anyone in an abusive situation.

“There are a lot of cases that go unreported due to the fear of consequences,” said Kris Williams, also from Be The Change Inc.

There are several similarities in patterns of abuse between same-sex couples and straight couples.

“It’s the same cycle of physical, psychological, and emotional mistreatment,” Roberts said.

Many abusers often have mental illness or experiences as a child or adult that could be the cause of them being violent, Roberts said.

After growing up, people are going to treat others just as they were treated as a child

or during the learning process of their life. That ties back to psychological abuse of a victim in a dispute.

“Blackmail is the most common threat,” Roberts said. He gave the example of an abuser saying, “You better not say anything or I’m going to hurt your family.”

Another is the threat of being exposed, such as “If you say anything I’m going to tell everyone you are gay.”

Survivors of violence and abuse can receive the help they need by reaching out to resources in the community.

For help or more information, contact the Oklahoma Coalition Against Domestic Violence & Sexual Assault by phone by calling 405-524-0700. The website is www.ocadvsa.org.

Audience-participation play planned for Nov. 21, 22

DANI STEPHENSON
News Writing Student

It’s a theater production where the audience provides the ending, based on conflict scenarios created by the actors in the center of the room.

The stout of heart will be encouraged to come onto the set and act out the solution to the problem that has been set up, said theater Professor Brent Noel.

Noel is directing the Forum Theater production at 7:30 p.m. on Thursday and Friday, Nov. 20 and 21, in Room 1C5 in the Arts and Humanities building.

He is calling it “Pavlov’s Dog,” an attempt to call attention to the ways people have become conditioned to many types of oppression.

Forum is a type of theater created by Augusto Boal, Noel said. Boal calls this “Theatre of the Oppressed” which teaches people how to change their situations.

“The play consists of situations where the protagonist is faced with problems,” Noel said. “These problems could vary from racial, gender, or sexual orientation issues.”

The content can be controversial, said Marta M. Seitz, one of the performers in the play.

“We are doing and saying things that people are scared to say out loud,” Seitz said.

She encourages everyone to attend because it is unlike traditional theater.

The idea around the play is that there will be many different solutions to problems. The cast will explore their effectiveness and rehearse possibilities.

“The goal is to give people a voice, particularly those who do not have a voice in decision-making,” Noel said.

In the scenes, the protagonist will have no clue about how to face these problems so he or she seeks advice.

It is then that the cast will stop and turn to the audience for discussion on how they think the problem should be handled.

“The cast will discuss with the audience, then invite audience members to demonstrate their ideas on what they would do in the situation that was just played out,” Noel said.

David Chen said this is the time for individuals in the audience to be a hero if they



ETHAN COOPER/PIONEER

Speech and Theater Arts major Ya’ Tae Lewis, Environmental Science major Dominique Samuel, Theater major Shane Harkin, Theater major David Chen, and Assistant Director/Stage Manager Misty Red Elk rehearse for the upcoming performance of “Pavlov’s Dog: Examination of Conditioned Oppression,” that will be performed at 7:30 p.m. Nov. 20 and 21 in AH 1C5.

would like to be —or to just observe if that’s what they choose.

The cast consists of Cheyenne Clauson, David Chen,

Tiffane Shorter, Kia Shorter, Taylor Tyree, Bethanie Hamilton, Mariah Martin, Rody Orcutt, Dominique Samuel, Ya’Fae Lewis and Seitz.

Assistant director and stage manager is Misty Red Elk.

Admission to the play is free. For more information, email bnoel@occc.edu.

Smokers urged to quit during Great American Smokeout

JORGE KRZYZANIAK
Sports Writer
sportswriter@occc.edu

Even with fewer Oklahomans smoking than in years previous, the State Health Department still lists smoking as the leading preventable cause of death for state residents.

Organizers behind the upcoming Great American Smokeout on Thursday, Nov 20, are working to change this.

The Great American Smokeout is a national event that takes place annually on the third Thursday every November.

The American Cancer Society encourages smokers to quit smoking or to commit to quitting on this day.

Cancer.org offers resources to help smokers build a plan for quitting. Their site also offers education for smokers and non-smokers about cancer and other issues pertaining to their health and the health of those around them.

According to the American Cancer Society, the annual Great American Smokeout stems from an event in 1970. It was a day in which Arthur P. Mullaney, a guidance counselor at a Randall, Massachusetts, high school, implored event attendees to give up smoking for one day and to donate the money they would have



spent on cigarettes to a high school scholarship fund.

Similar events took place regularly in years after, drawing attention to the deaths and illnesses brought on by smoking, according to cancer.org.

The American Cancer Society's California division inspired nearly one million smokers to quit for the day on Nov. 18, 1976, marking the first ever, official Great American Smokeout, according to their site.

In 1977, the event was taken to a national level and has recurred annually on the third Thursday of November since.

According to cancer.org, state and local governments first began their wide response to growing

public concern in the 1980s. Legislation developed that would curb smoking in certain public places and regulate advertising for tobacco.

In 2011, OCCC became a tobacco-free campus, embracing a mainstream view of smoking that has shifted widely since the days before the first Great American Smokeout.

For Oklahomans ready to quit smoking, the Oklahoma Tobacco Helpline offers resources and proven techniques to help smokers through their toll free hotline 1-800-QUIT-NOW, and their website okhelpline.com.

They offer free nicotine replacement gums, patches and lozenges to registered participants.

These services are paid for through the Tobacco Settlement Endowment Trust.

According to OK.gov, this is a trust established through a master settlement agreement stemming from a 1996 lawsuit. The suit was filed among 46 states against the four largest tobacco companies in the U.S.

The settlement established this fund to provide a public service for the prevention and reduction of tobacco use.

To learn more about the Great American Smokeout or to plan your day to quit smoking, visit cancer.org.

For resources and information to help you quit visit okhelpline.com.

Tobacco users at risk for all types of cancer

BRYCE MCELHANEY
Editor
editor@occc.edu

Nursing Professor Jennifer Brumley said the first thing smokers should do when they get ready to kick the habit is visit their primary care physician.

"We have an awful lot of treatment options now to help with smoking addiction," Brumley said. "It's been recognized that smoking is highly addictive and people often need help with that."

Smoking causes all sorts of health issues, she said.

Brumley said lung cancer is just one of the many reasons to stop smoking. She said lung cancer is the leading cause of cancer-related deaths in the U.S.

A 2014 study shows tobacco use accounts for at least 30 percent of all cancer deaths, causing 87 percent of lung cancer deaths in men, and 70 percent of lung cancer deaths in women.

And there are other risks as well, Brumley said.

"[Smoking] can lead to bladder cancer, renal cancer, esophageal cancer and just a whole array of cancers — not to mention emphysema, which is a pretty difficult way to live," she said.

Brumley said along with those problems, smoking increases a person's chances of heart attacks and stroke.

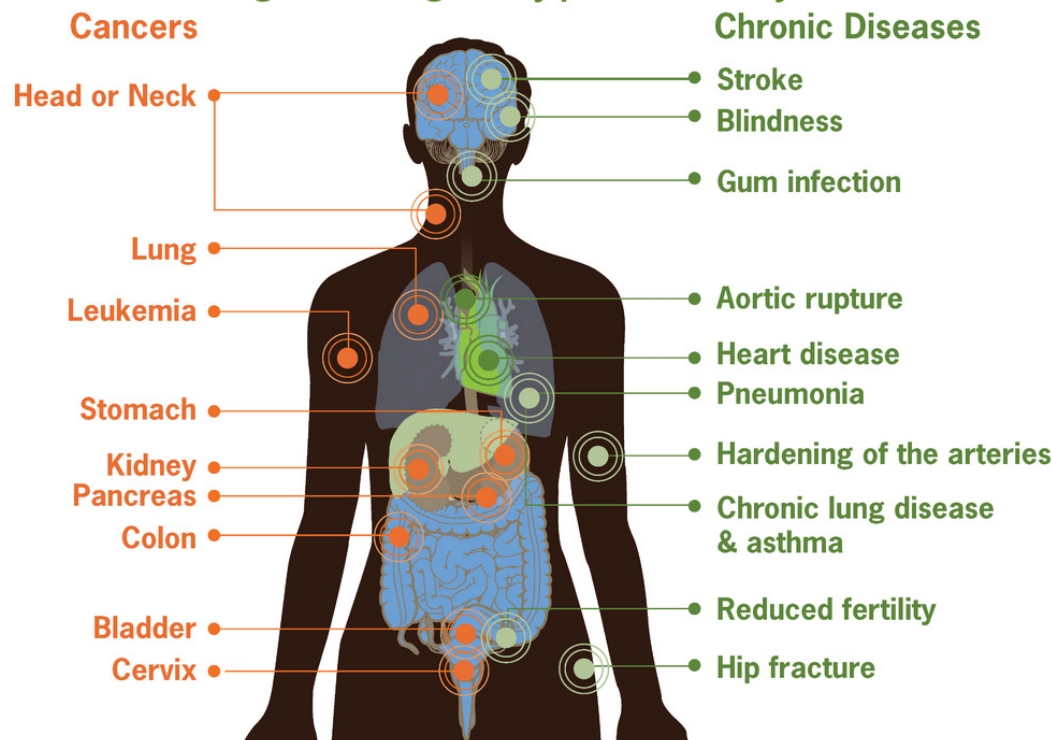
"There's really nothing good about it," she said.

Brumley, who smoked for 15 years, said chewing gum and being in a smoke-free environment can help people stop smoking.

For more information about how to stop smoking, visit smokefree.gov for tips, or dial 1-800-QUIT-NOW.

Risks from Smoking

Smoking can damage every part of the body



FACT:

Each year, about 3,400 non-smoking adults die of lung cancer as a result of breathing secondhand smoke. Each year, secondhand smoke also causes about 42,000 deaths from heart disease in people who are not current smokers. —www.cancer.org/cancer/cancercauses/tobaccocancer/secondhand-smoke

SPORTS

EVENT NEWS

Fitness 101



ETHAN COOPER/PIONEER

Diversified Studies major Teresa Gonzalez works out in OCCC's Fitness Center on Nov. 5. "It's tiny but all the machines are comfortable," Gonzalez said. OCCC students with a valid ID are provided free access to the center's equipment. The weight room, located on the first floor of the Main Building, is open from 6 a.m. to 9 p.m. weekdays and 8 a.m. to 4 p.m. Saturdays.

SPORTS | Biology professor said the right diet provides all the needed nutrients

Nutritional expert warns against supplements

JORGE KRZYZANIAK
Sports Writer
sportswriter@occc.edu

“The supplements are really being overused or not used properly.”

—RAUL RAMIREZ
BIOLOGY PROFESSOR

Psychology major Britney Henderson works for about five hours most days as a Wellness Center Attendant.

She said on any given work day she sees a number of people toting workout supplements into the weight room.

Henderson said thousands of varied supplements are available through sites like bodybuilding.com and in chains like GNC and Vitamin Shoppe and now, at large retailers and many grocery stores. It's her belief they can be beneficial. She said she has benefitted from protein shakes when trying to acquire more muscle mass.

However, Biology Professor Raul Ramirez said supplements are not necessary to attain the perfect physique. Ramirez teaches nutrition at OCCC.

"The supplements are really being overused or not used properly," he said,

"If you don't do the work by moving weight around and being physical in the

gym, does it do you any good?

"If you don't push your body enough to need all of that extra protein, then what your body's going to do with that excess is metabolize it.

"And when you metabolize it, you're going to store it in fat because of excess calories but then you're also having to get rid of all that nitrogen so now you're putting a big burden on your kidneys.

"We're probably going to end up seeing a lot of people from this generation having a lot of kidney problems at an older age."

Rameriz said the long-term effects have yet to be shown.

"In a typical American diet, we have no problem getting proteins," he said. "We eat animal products like it's going out of style."

Rameriz said generally there is no need to add protein to our diets but

said fruits and vegetables could use a little more of our attention.

He said the supplement industry is able to market so successfully by highlighting the deficiencies of vitamins and minerals in our diets. He said that can be achieved without supplements.

"Those who are serious about [fitness] and those you can actually see the results on, they're already watching their diet," he said.

Ramirez said a person's fitness also depends on how they spend their time in the gym.

He suggests only using supplements when they are absolutely needed and warns against their misuse.

Chemistry major Shuai Wang said he works out in the weight room on campus at least twice a week. He said he uses a whey protein shake to recover faster from hard workouts.

Wang agrees that no supplement is a substitute for time or effort though.

"I think they help a bit but I don't think that's what makes it," Wang said. "It's just hard work that makes it."

Fall 2014:

- Students with a valid OCCC ID can use the Aquatic Center free of charge. The Aquatic Center features two pools, and an 18½-ft. deep diving well with 1- and 3-meter spring boards and 5-, 7- and 10-meter platforms. For more information, visit www.occc.edu/RF.

- OCCC Group Fitness classes are offered at a variety of fitness levels and are spaced conveniently throughout the afternoon and late evening hours. Discounted group fitness passes are available. See more at www.occc.edu/rf/cr-group-fitness.

- The Recreation & Fitness Center is open to students, faculty, staff and community members. The center features a 15,000-square-foot gym with two basketball courts and one recreational volleyball court, a cardio room with three treadmills, two cross trainers and two recumbent bikes as well as a weight room featuring a complete circuit of Cybex equipment and free weights. Students with a valid OCCC ID can use the facilities free of charge. For more information, visit www.occc.edu/RF or call 405-682-7860.



Scan the QR code with your smart phone to be directed to a list of OCCC Intramural events, complete with the most current updates.

(Free QR code reader apps can be found online or in app stores on smart phones. Follow the directions for the app you download.)

All event news is due Monday by 5 p.m. for inclusion in the next issue. Email your news to sportswriter@occc.edu.

Guns: College leaders oppose guns on campus legislation

Continued from page 1

our options to see what we could or could not do," he said.

"It might be difficult to do anything that would look as if we're trying to circumvent the law, as we would be required to comply.

"I, along with all the other college presidents in the state of Oklahoma, are strongly opposed to a change in the law that would allow students, faculty, staff, or guests to carry

weapons on the grounds or inside the buildings," he said. "I don't feel like it would add to the safety of our campuses. In fact, it would make it less safe."

In an email, Steward said it would be a major mistake to allow concealed weapons on campus.

He said virtually no one in a position of leadership responsibility in Oklahoma public colleges and universities supports allowing carrying concealed weapons on campus.

"There is no scenario by which allowing persons to carry concealed weapons on campus makes us safer," he said. "In fact, the opposite is true.

"... Every campus police department in the State of Oklahoma is opposed to allowing carrying guns on campus.

"Every president of an Oklahoma public college or university is opposed to allowing carrying guns on campus."

Sechrist said having a highly trained police force on campus

that is skilled in handling crisis situations is a safer approach.

"Studies that have tried to re-create emergency situations with many people having firearms who are trying to help, but these re-creations actually show that having more guns makes the situation worse — including accidental firing of the weapon and innocent people being shot by mistake," Sechrist said.

Steward said he has the primary responsibility for the

political work for the college and spends a lot of time at the legislative sessions.

"It's getting more and more difficult every year — very, very difficult circumstances," he said. "Even when we got a couple of votes last year from some state representatives on the guns, it was a tough vote for people."

Steward said he may email the faculty and staff asking for help if it comes down to a close vote.

Help: Students who may have fallen behind can still succeed

Continued from page 1

encourage people to work on," Turner said.

If the students will use the [campus] resources ... they should be adequate."

Turner said though campus labs can help students, it's still going to come down to a whole lot of effort and good planning on the part of the student.

If students find themselves in a situation where they're just spread too thinly to succeed in every class, she said, they need to make some hard decisions about letting certain classes go in order to do well in the others.

Turner said students who have questions should visit Student Support or talk to the faculty in the labs on campus.

"... We can give them some guidance on how to make the best of it," Turner said.

Some of the labs where students can get help are the Biology Science Center, Math Lab and Communication Lab.

BIOLOGY SCIENCE CENTER

The BSC can help students in Biology, Anatomy and Physiology, Human Physiology, General Biology, Botany, Ecology, Microbiology and Zoology.

Students can work with models, study, or use computers with interactive software, said Virginia Hovda, lab supervisor.

She said tutoring also is available.

"We are there for the stu-

dent," Hovda said. "We only want students to be successful. There is no other goal for this center."

The lab is open from 9 a.m. until 9:30 a.m. Monday through Thursday and from 9 a.m. until 3 p.m. Friday and Saturday. For more information, visit www.occc.edu/cbs/biologylab.

MATH LAB

The Math Lab, located in 2G4/5 of the Science, Engineering and Math Center, helps any students enrolled in math classes at OCCC. With resources like computers, calculators, and tutors at their disposal, students can become successful, said Christine Peck, math lab coordinator.

Peck said more than 100 computers are located in the Math Lab for students to do homework for all of their classes, not just math.

"Even if they're not a math student, they're welcome to come in and use the computers to do their work."

Copies of every math textbook used at OCCC, as well as graphing calculators, also are available.

Peck said tutors in the lab are available at all times during operating hours to help students with specific questions and concepts.

The Math Lab is open from 7:30 a.m. until 10 p.m. Monday through Thursday and from 8 a.m. until 4 p.m. Friday and

Saturday. For more information, visit www.occc.edu/meps/mathlab.

COMMUNICATIONS LAB

Students needing help with writing end-of-semester term papers can get that in the Communication Lab from Lab Supervisor Lynette Leidner and tutors like Spanish major Antonio Guardado.

Leidner said students who are failing this late in the semester should reflect upon what may have brought them to that point.

"Sometimes it's just a lack of communication between the student and instructor," she said.

"Oftentimes, students are a little intimidated by their professors and they're afraid to ask for help."

She said professors are usually willing to work with the student.

"Ask for help and remember that it's not the end of the world.

"Even if there's not any making up the class at this point, learn what you need to learn from it and take that lesson forward."

For more information about the Communications Lab, located in 1N7 of the Main Building, visit www.occc.edu/comlab.

ONLINE TUTORING

Grade Results is an online tutoring service — done mostly via email, that offers students help in many areas such as Ac-

counting, Algebra, Basic Math through Calculus II, Bilingual Math, Chemistry, Economics and Essay Writing review, said Glenna Whisenhunt, Center for Learning and Teaching director.

Whisenhunt said Grade Results tutoring offers a number of online resources and activities for students.

Students can log in online using their first initial, and last name to easily access tutors, Whisenhunt said.

"It is free," she said.

Tutors also are available to help with Physics and Statistics.

"[Tutors are] available 24 hours a day, seven days a week, with a few exceptions of accounting and economics," she said. "There are a few special things that are available at special times, but they're all on the website."

Each OCCC student has three hours of tutoring available for them and can request more hours if needed, Whisenhunt said.

She said all students should take advantage of the service. "It's help. It's free, and it's available when students typically [do homework]."

"We have some preliminary data that shows a lot of students work after hours on their homework ..."

To access Grade Results online tutoring, visit www.occc.edu/onlineresources/gradere-sults. For more information,

call the Center for Learning and Teaching at 405-682-7838.

LIBRARY

Systems Librarian Dana Tuley-Williams said students who need help with term papers can find resources in the Keith Leftwich Memorial Library — and even more resources like ebooks, articles and newspaper databases on the library website.

"If you're a procrastinator and wait for the night before to write your paper and the library is closed, go online," she said. "Many of our resources offer the full text online."

Tuley-Williams said the second floor of the library is an excellent area for students to study and focus.

"We don't allow folks to talk or use cell phones on the second floor, so that is our primary traditional library environment for studying."

The second floor also has study rooms for group projects, Tuley-Williams said.

Tuley-Williams said failing students should talk to their professors to see what they can work out, although students should acknowledge not every professor will accept late work.

The Keith Leftwich Memorial Library is open from 7:30 a.m. to 11 p.m. Monday through Friday, 7:30 a.m. to 9 p.m. on Friday and 8 a.m. to 5 p.m. on Saturdays.

For more information, www.occc.edu/library.

CAMPUS COMMUNITY

Vivid imagination



ETHAN COOPER/PIONEER

Film and Television Production major Grant Horoho and his classmates play “This is Not a Bottle” in Professor Brent Noel’s Intro to Theater class outside the Bruce Owen Theater. “The purpose of the game is to turn a bottle into other objects” Horoho said. “I turned the bottle into a bow and arrow.”

COMMUNITY | Editing expert says eyes can play tricks but ears catch mistakes

Editing, revision crucial for good grades

CANDICE A. SCHAFER
Community Writer
Communitywriter@occc.edu

Reading a paper aloud was just one tip given for making better grades on college papers during a recent event about revision and editing.

Speaker Lynette Leidner, Communications Lab supervisor and English professor, spoke at the event on Nov. 3.

“... I have first-hand knowledge of what unrevised papers look like,” Leidner said.

“At the very least, I tell my students to read their papers out loud.

“Our eyes can trick us, but our ears can hear the mistake and we can hear our ideas. It makes a huge difference on their final product.”

Leidner explained how revising, editing and proof-reading are important in everyday life — not just for getting a better grade on a paper.

She gave an example.

“If you are getting a tattoo with writing, you don’t want them to misspell something and have to live with that mistake.”

During the presentation, those in attendance were

given a sheet with an unrevised paragraph on it.

After a few minutes, many raised their hands and called out the mistakes in the paragraph.

Leidner’s assistant Antonio Guardado told the group practice makes perfect.

“Revising, and self-proofreading will guarantee a

better grade and make you a better writer,” he said. “Practice it and learn how to do it.”

Guardado also tutors at the Communication Lab.

Nursing major April McKenzie, said she had a personal reason for attending the meeting.

“I have a strong interest in writing,” McKenzie said.

“I plan to write some of my own books later, so I want to get all of the knowledge that I can for writing and editing.”

At the end of the discussion, Leidner told the group to visit the Communications Lab for help with papers for any class. The lab is located on the first floor of the Main Building. It’s open from 8 a.m. until 9 p.m. Monday through Thursday; from 8 a.m. until 3 p.m. on Friday and from 10:30 a.m. until 2:30 p.m. on Saturday. The lab is closed Sunday.

For more information, call 405-682-1611, ext. 7379, or visit www.occc.edu/comlab.

“

At the very least, I tell my students to read their papers out loud.”

—LYNETTE LEIDNER
COMMUNICATIONS LAB SUPERVISOR

CAMPUS HIGHLIGHTS

Speed reading lunch lecture offered Nov. 18

The Communications Lab and Student Life are partnering for a Brown Bag lecture about speed reading. Please join us in room CU3 from 12:30 to 1:30 p.m. Tuesday, Nov. 18, to learn about how to improve your reading speed. For more information, contact Student Life at 405-682-7523.

ExCEL Series to focus on religion Nov. 19

English Professors Jon Inglett, Stephen Morrow and OCCC Alumni Cadmus Sorrell will discuss religion from noon to 1 p.m. Wednesday, Nov. 19, in room CU3 as part of a Brown Bag ExCEL program. ExCEL is a series of interactive presentations and activities focused on promoting diversity, inclusion, and cultural awareness. For more information, contact Student Life at 405-682-7523.

Thanksgiving Dinner Tips talk planned

First time in charge of Thanksgiving Dinner? Looking to get some extra tips to make things run a little smoother? Join Financial Aid Assistant Director Meghan Morgan for “Thanksgiving Dinner Tips,” a Brown Bag lecture that will be held from noon until 1 p.m. Monday, Nov. 24, in room CU3. For more information, contact Student Life at 405-682-7523.

Students encouraged to give feedback Nov. 25

In the Office of Student Life, it’s all about you — the students. Your feedback is very valuable to us and helps us make OCCC a positive experience for everyone. All students are encouraged to stop by the Programs Survey table from 9 to 11 a.m. Tuesday, Nov. 25, in the Main Building lobby and let us know what is important to you. For more information, contact Student Life at 405-682-7523.

Native American Heritage month speakers

At 11:30 a.m. and 2:30 p.m. Monday, Nov. 17, in CU3, Dr. Jerry Bread, Native American Studies director at the University of Oklahoma, will lead a discussion about the history and influence of Native American tribes on the U.S. This event is open to all students, faculty and staff.

At 11:30 a.m. and 1 p.m. Wednesday, Nov. 19, in HP 215B, Indian Health Services Area Scholarship Coordinator Keith Bohanan will explain the scholarship opportunities for which Native American students interested in health care related careers are eligible. Although this event is also open to all students, faculty and staff, it will be directed toward Native American students seeking a career in health professions that are looking for scholarship opportunities.

For more information, contact Student Life at 405-682-7523.

All Highlights are due Monday by noon for inclusion in the next issue. Email your event to editor@occc.edu or drop by the Pioneer office located in AH 1F2.

CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

7760, or swcomsvc+drexel@gmail.com. More info at <http://goo.gl/nELiFw>.

LOOKING FOR ROOM TO RENT: Close to campus. Male roommates only. Call Nahtali-Noel Nhongho at 832-738-2527 or email nahtali-noel-e-nhongho@my.occc.edu.

LOOKING FOR ROOM TO RENT: Male, 23, student looking to rent a room close to campus for no more than \$250-\$300 a month through fall semester. Email john.white336@my.occc.edu.

FOR SALE: Calpak Lightweight 20-Inch Rolling Shopper Tote from Overstock.com. Large polka dots in orange, brown and green. Used once. \$20. Email for picture: 4allmypets@gmail.com.

FURNITURE

FOR SALE: 40" CRT television in excellent condition. Big screen makes it great for a gaming TV. \$30. Text 405-818-0083.

MISCELLANEOUS

FOR RENT: 2-Bed House/1 Ba./1 Car Garage; 924 sq. ft. approx. 1 mile from OCCC. \$850 per month & \$850 security deposit. Call Pat: 405-627-



WCD WIC Program

New at OCCC Family and Community Education (FACE) Center
 9 a.m. to 4 p.m. Tuesday through Thursday, North Hall
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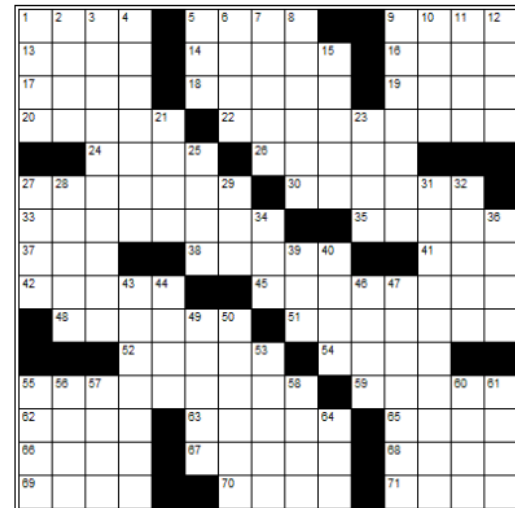
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 Washington, DC 20008.



ACROSS

1. Not soft
5. Initial wager
9. Nonvascular plant
13. Away from the wind
14. Whiskers
16. Found in some lotions
17. Badgers
18. Shot from a bow
19. Violent disturbance
20. Anagram of "Dimes"
22. Endowments
24. Encounter
26. Also called Peter
27. Invade in great numbers
30. Movie house
33. Not summered
35. Genus of heath
37. Eastern Standard Time
38. Short person
41. Sprocket
42. Hiding place
45. Theater area
48. Lama pacos
51. Munitions
52. ___-garde
54. Historical periods
55. Faded
59. Draws into the mouth
62. Tale
63. Half of six
65. Solitary
66. If not
67. Open skin infections
68. Type of sword
69. Clairvoyant
70. Adult male sheep
71. Adolescent



DOWN

- | | | |
|----------------------------|------------------------------|-------------------------------|
| 1. Paw | 21. No more than | 44. Possess |
| 2. Wings | 23. Anagram of "Note" | 46. Sailors |
| 3. Belonging to a regiment | 25. Feces | 47. Shoulder board |
| 4. After dinner treat | 27. Is indebted to | 49. Throws away |
| 5. "Eureka!" | 28. Panorama | 50. Fix firmly |
| 6. An aromatic ointment | 29. Not used | 53. Latin name for our planet |
| 7. Novices | 31. Used to see small things | 55. Visual organs |
| 8. Arousing | 32. Fruit of the oak tree | 56. Sheltered spot |
| 9. Sailor | 34. Dip lightly | 57. Backside |
| 10. Hodgepodge | 36. How old we are | 58. Consider |
| 11. Any day now | 39. Uncooked | 60. Leg joint |
| 12. Collections | 40. No charge | 61. Observed |
| 15. Mystic | 43. Wrench (British) | 64. S |

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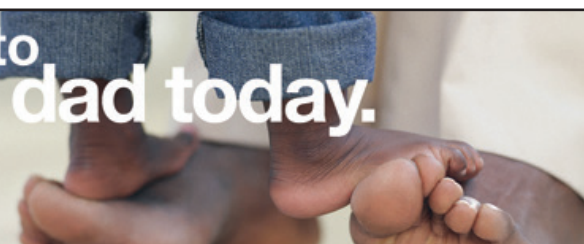
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Earn credit in London over spring break

ELISABETH BAKER
CHARLTON
News Writing Student



Studying William Shakespeare in London during spring break is the destination of a group of Introduction to Theatre students in a study-abroad course at OCCC.

It's becoming an annual trek for Christian Alyea, program director of Oklahoma Study Abroad, who is making the travel arrangements.

"This year's program to London is very exciting," Alyea said. "Students are going to learn a lot about Shakespeare, theater and world history. It's going to be an amazing experience."

Alyea said students will be mixing with the locals and using public transportation

during their stay. He said he loves to see them evolve into international travelers.

"My favorite part from last year's London program was seeing the students learn how to navigate London as a local. They gained confidence and travel independence.

"This will allow them to explore more countries in the future independently."

As part of the course, students will attend four performances.

In their free time, they also will get to explore London, Alyea said.

While in the city, guides will help the students find their way around.

Professor Sue Hinton will teach the class.

Travel begins Friday, March 13, and goes through Sunday, March 22, at a cost of \$2,300.

The first payment for the trip must be made by Tuesday, Dec. 2, Hinton said.

She said she expects between

15 and 25 students to take the trip to London.

Students will learn more about British theater and Shakespeare himself, after spending eight days immersed in British culture.

A day trip to Stratford-on-Avon, Shakespeare's hometown, also is included, Hinton said.

She said the Introduction to Theatre class could count as one of the humanities courses required for most degree plans.

The first step to becoming part of this upcoming trip is to sign up to travel through Oklahoma Study Abroad and make the first payment.

Students must then enroll in TA 1103: Introduction to Theatre London course, either for credit or audit.

Students also will need a

passport for travel, which does take several weeks to acquire.

"This is a regular class that starts in January and ends in May, just like any other class," Hinton said.

"Students also will need the textbook and will read it."

The cost of \$2,300 includes round-trip airfare, all ground transportation, accommodations, daily breakfasts and three dinners.

Airfare stands as an estimate until tickets are finalized, according to the Study Abroad website.

For more information and a detailed itinerary of the trip, visit www.oklahomastudyabroad.com under Short Term Programs.

Hinton can be reached at 405-682-1611 ext. 7331, or by email at shinton@occc.edu.

Student has opportunity to perform with Army jazz band

DUSTYN RAPPE
News Writing Student

Music major Stanley Hall used his cameo appearance with the U.S. Army's Jazz Ambassadors to showcase his virtuoso talent on the saxophone Oct. 30.

His solo garnered generous applause during the performance on campus before a sold-out crowd of more than 1,000.

The Jazz Ambassadors began the night with their signature big band style.

They played songs ranging from originals written by previous and current band members to songs like "Killing Me Softly with His Song," made famous by Roberta Flack.

Hall joined the band to perform one song toward the end of the show.

Sgt. Maj. Michael Buckley, one of the leaders of the band, said he enjoyed Hall's performance.

"He played with a lot of passion and energy," Buckley said.

"We're committed to jazz education so it was a pleasure having him sit in with us."

Hall said it was a great experience.

"It was awesome performing with them," Hall said.

"It was really nice to play with a big band that could actually play a chart. It was something I really haven't had a chance to do."

Hall said although big band is not the direction he is planning to take with his music career, he truly enjoyed and valued the opportunity.

"[It was] really humbling to walk out and then have all the people greet me and say I did an awesome job," he said.

Music Professor Michael Boyle recommended Hall to perform with the band.

Given that the Jazz Ambassadors play with a limited number of instruments, Boyle said, he had to recommend someone who could play a saxophone, trumpet or trombone.

"[Stanley] was just perfect for it," Boyle said. "He's a good reader and a good improviser, and those are the two things you need to play a performance."

Boyle said the song Hall played, "Mr. Timmons," was a tribute to the late, great jazz pianist Bobby Timmons.

Sgt. Maj. Jeffrey Lopez recently composed the tune.

Boyle said he got the music from the Jazz Ambassadors on Monday and gave it to Hall to practice. Hall performed the piece on Thursday evening without a rehearsal.

OCCC Music major Stanley Hall performs a solo with the U.S. Army Jazz Ambassadors Oct. 30.

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